

PRESS RELEASE

Contact: Arlene Viscomi
Public Relations
Phone: (914) 841-4263
Email: aaviscomi@gmail.com
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ONSF Holds 4th Annual 5K Run/Walk Expo

GREENWICH, CT – Sunday, September 18, 2016. Early Fall weather welcomed runners, joggers, walkers and families to the 4th Annual **ONSF** (ONS Foundation for Clinical Research and Education) PLAY Strong, PLAY Safe Family 5K Run/Walk to benefit **ONSF** education and community outreach programs.

The race, a USATF certified 5K course, started in front of the Eastern Civic Center and continued through scenic Old Greenwich. One of the day's highlights was the Kids' obstacle course designed and built by Friso Van Reseema and his team from the Boys and Girls Club of Greenwich (BGCG). There was a balance beam, tunnels and a bouncy obstacle course followed by a kids' race around the Civic Center athletic fields. Some of the obstacles previewed the BGCG Muddy Up Event. Kids of all ages participated and many had already completed the **ONSF** 5K.

The **ONSF** 5K Committee acknowledged the support of the many generous sponsors including Greenwich Hospital, CHASE, Houlihan Lawrence, Granoff Architects, Camps Takajo and Tripp Lake, Fairfield County Look, Greentree Toyota Danbury, Greenwich Running Company, Elite Health Services, Fleet Feet Stamford, Greenwich Office Park and others.

ONSF is a registered not-for-profit, 501(c) 3 organization devoted to researching the causes and optimal treatments of orthopedic injuries and musculoskeletal conditions. **ONSF**, in alliance with Greenwich Hospital, strives to improve standards of excellence for the treatment of musculoskeletal disorders through clinical research, physician and patient education, and community outreach programs. The Foundation is located at 6 Greenwich Office Park, Greenwich, CT. For further information about **ONSF** call (203) 869-3131 or visit our website at www.ONSF.org