

PRESS RELEASE

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ONSF Conducts ACL Reconstruction Course

GREENWICH, CT – In February 2015, **The ONS Foundation for Clinical Research and Education, Inc. (ONSF)** offered a course for physical therapists and athletic trainers in order to share current advances in ACL reconstruction and to achieve a better understanding of the recognition and diagnosis of the problem. Information included immediate treatment, pre-surgical principles, surgical considerations, and post-surgical care. The goal of this comprehensive course was to guide these professionals toward developing ideal methods for treating individuals with ACL tears.

A formal didactic session was followed by an open forum where the latest research in ACL surgery was discussed including choice of graft for reconstruction. Following the discussions, participants moved to the **ONSF** Research Lab for surgical demonstrations on cadavers using both hamstring and patellar tendon grafts. They also had an opportunity to use equipment in the Lab on a non-cadaveric surgical simulator. In an additional open forum, the best principles in rehabilitation were considered.

In order to provide a very intimate learning environment, the course was originally limited to 15 participants. The response to the announcement was overwhelming, and, therefore, **ONSF** expanded it to 3 sessions of 15 students each. Course instructors included Drs. James Cunningham, Demetris Delos, Tim Greene, Paul Sethi and Katie Vadasdi. Dr. Delos noted, “The overwhelming popularity of this course demonstrates recognition amongst others in the medical community that **ONSF** is at the forefront of musculoskeletal research and education.

With the support of our donors and sponsors we look forward to continuing these types of endeavors in the future.”

“The entire experience was amazing!” said one trainer in his note of appreciation. Another shared her thoughts in a letter, “It was a great review of the clinical anatomy and procedure, especially with the cadaver knee. Input from Drs. Delos and Cunningham, regarding surgical preference and rationale for choosing one technique over another was also very insightful.” Many other participants have requested additional presentations that are equally open-minded and extremely relevant. For medical professionals, hands on experiences are invaluable. **ONSF** takes pride in designing and presenting programs of this quality and will continue to do so.

ONSF is a registered not-for-profit, 501(c)3 organization devoted to researching the causes and optimal treatments of orthopedic injuries and musculoskeletal conditions. **ONSF**, in alliance with Greenwich Hospital, strives to improve standards of excellence for the treatment of musculoskeletal disorders through clinical research, physician and patient education, and community outreach programs. The Foundation is located at 6 Greenwich Office Park, Greenwich, CT. For further information about **ONSF** call (203) 869-3131 or visit our website at www.ons-foundation.org

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