

## PRESS RELEASE

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### **ONS Foundation to Present Conference for Medical Professionals with focus on Children on October 15<sup>th</sup>**

GREENWICH, CT – The ONS Foundation for Clinical Research and Education will present **Pediatric and Adolescent Sports Medicine Update**, a half-day medical conference on **Saturday, October 15** from 8 a.m. to 1 p.m. in the Noble Conference Center at Greenwich Hospital at 5 Perryridge Road. The program features presentations by orthopedic, sports medicine and neurosurgery specialists on recent information regarding diagnosis and treatment for musculoskeletal conditions and injuries affecting children through adolescence. The conference is aimed at physicians, nurses, physician assistants, physical and occupational therapists, athletic trainers and coaches. Greenwich Hospital Association is accredited by the Accreditation Council for Continuing Medical Education to provide CME or CEU education credit for attendees. The ONS Foundation conference is being offered to medical professionals at no charge, due to an anonymous gift. Lunch and program materials are included. To register for the Pediatric and Adolescent Sports Medicine Update, go to [www.ONS-foundation.org](http://www.ONS-foundation.org), or call (203) 869-3131.

Orthopedic surgeon Frank Ennis, MD is the conference program chairman. The conference keynote address will be presented by **Bob Bigelow**, co-author of a book titled *Just Let the Kids Play, How to stop other adults from ruining your child's fun and success in youth sports* and a former NBA first round draft choice.

“Today’s children have a unique set of physical challenges given the unprecedented level of sports participation,” says Dr. Ennis. “For pediatricians and other medical professionals who treat children, it is important to understand the nature of the injuries that are occurring, and which treatments offer the best chance for full recovery. This conference brings together a unique group of medical specialists who routinely diagnose and treat sports injuries in children. Their clinical observations and experience make this conference an especially valuable learning opportunity.”

The objectives of the conference include a review of the normal function of the musculoskeletal system in children, presentations on the most effective non-operative and operative management of conditions resulting from injuries related to sports activities, and the latest information on injury prevention strategies.

Keynote speaker Bob Bigelow played in the NBA for four years with the Kansas City Kings, Boston Celtics, and San Diego Clippers. He played collegiately at the University of Pennsylvania for Hall of Fame Coach Chuck Daly. Mr. Bigelow advocates taking new approaches for positive change in youth sports. For the past 18 years, he has devoted himself to researching and lecturing about organized youth sports and its effects on children – and adults. **For more information, visit [ONS-foundation.org](http://ONS-foundation.org).**

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## **PEDIATRIC AND ADOLESCENT SPORTS MEDICINE UPDATE PROGRAM**

**Saturday, October 15, 2011**

<b>Welcome and Program Announcements</b>	<i>Frank Ennis, MD, Program Chairman</i>
<b>Strength Training for the Young Athlete</b>	<i>Peter Falla, Certified Athletic Trainer</i>
<b>Stress Injuries and the Patella Femoral Pain Syndrome</b>	<i>Gloria Cohen, MD</i>
<b>Fractures Involving the Physis of the Ankle</b>	<i>Steven Hindman, MD</i>
<b>Fractures Involving the Physis of the Wrist</b>	<i>John Crowe, MD</i>
<b>Osteochondral Injuries of the Knee</b>	<i>Katherine Vadasdi, MD</i>
<b>ACL Injuries</b>	<i>James Cunningham, MD</i>
<b>Rick Velaj Memorial Lecture</b>	<i>Scott Sullivan, MD</i>
<b>Keynote Speaker</b>	<i>Robert Bigelow</i>
<b>Shoulder Injuries</b>	<i>Seth Miller, MD</i>
<b>Injuries of the Throwing Elbow</b>	<i>Paul Sethi, MD</i>
<b>Prevention of Shoulder Pain and Injury</b>	<i>Alicia Hirscht, DPT, CSC, SCSC</i>
<b>Non-Operative Treatment of Back Pain in the Adolescent Athlete</b>	<i>Jeffrey Heftler, MD</i>
<b>Spondylothesis and Spondylolisthesis in the Adolescent Athlete</b>	<i>Scott Simon, MD, MPH</i>
<b>Concussion Management and Prevention</b>	<i>Patricia McDonough Ryan, PhD, ONS Foundation Concussion Management Consultant</i>

**ONS Foundation for Clinical Research and Education, Inc.** is a registered not-for-profit, 501(c)3 organization devoted to understanding the causes and optimal treatments of orthopaedic injuries and musculoskeletal conditions. The ONS Foundation, in alliance with Greenwich Hospital, strives to improve standards of excellence for the treatment of musculoskeletal disorders through clinical research, physician and patient education, and community outreach programs. The Foundation is located at 6 Greenwich Office Park, 10 Valley Drive, Greenwich, CT.