

PRESS RELEASE

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ONS Foundation to Present Conference for Medical Professionals with focus on the Aging Athlete on October 16th

GREENWICH, CT – The ONS Foundation for Clinical Research and Education will present a one-day medical conference on **Saturday, October 16** from 8 a.m. to 1 p.m. in the Noble Conference Center at Greenwich Hospital at 5 Perryridge Road. The half-day program, which is aimed at professionals in the medical arena: physicians, nurses, physician assistants, physical and occupational therapists, athletic trainers and coaches, will feature presentations of the most recent information regarding diagnosis and treatment of for musculoskeletal conditions and injuries affecting active adults, over 40 years of age. The conference is free of charge thanks to the generous donation by an anonymous supporter.

The keynote speaker will be Donna de Varona, former US Olympic swimmer and gold medalist, Women’s Halls of Fame Inductee and the first President of the Women’s Sports Foundation.

Neurosurgeon Frank Ennis, MD is the conference program chairman.

“As part of the normal aging process, many older athletes incur musculoskeletal problems such as chronic overuse injuries and reduced flexibility and endurance,” says Dr. Ennis. “For the medical professional, this requires tailoring treatment and prescribing athletic activity different from younger patients. Understanding the normal physiologic changes in older athletes can assist the medical provider in helping athletes maintain function as they get older.”

The objectives of the medical conference are to review the normal functional changes of the musculoskeletal system of the older athlete, and to highlight the most effective non-operative and operative management of associated problems. Arthritis management, new treatment modalities for degenerative disk disease and spinal stenosis, sporting activities after joint replacement as well as interventional physiatry will be discussed. Greenwich Hospital Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education credit for

physicians. Registration is required for attendance and may be completed online at www.ONS-Foundation.org, or by calling 203-869-3131.

ONS Foundation for Clinical Research and Education, Inc. is a registered not-for-profit, 501(c)3 organization devoted to understanding the causes and optimal treatments of orthopaedic injuries and musculoskeletal conditions. The ONS Foundation, in alliance with Greenwich Hospital, strives to improve standards of excellence for the treatment of musculoskeletal disorders through clinical research, physician and patient education, and community outreach programs. The Foundation is located at 6 Greenwich Office Park, 10 Valley Drive, Greenwich, CT.